

Nappy Changing Policy

September 2023

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

This policy should be read alongside our Guidance for Intimate Care and Key Worker policies.

Procedures

- Where possible nappies are changed by the child's own key worker. The key worker will speak to the child's parents to agree when nappies need changing but will at least change nappies once per session.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Children are changed on a changing mat in a warm and safe area of pre-school. Changing should take place close to the toilet facilities, where another member of staff can witness.

- Each child has their own nappies, wipes and clothing in their bags on their pegs.
- Our staff put on gloves before changing starts and the area is prepared. Aprons are available if staff feel they need one.
- The changing mat is cleaned with antibacterial wipes between each child's changing.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands for at least 20 seconds, and have soap and towels to hand.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies are disposed of on site. Staff place any waste from changing in a tied nappy sack and then placed into our specific nappy bin. This nappy bin is changed daily and waste is placed in our own commercial waste bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

Version	Changes made	Author	Date	Review Date
1.0	Baseline version	H Clarke	20 th June 2020	September 2020
1.1	Review – no changes	H Clarke	20 th September 2020	September 2021
1.2	Review – no changes	H Clarke	22 nd November 2021	September 2022
1.3	New Logo	H Clarke	9 th September 2022	September 2023
1.4	Reviewed and amended to include our disposal of nappies and our commercial waste bin.	H Clarke	4 th October 2023	September 2023